

Radiological Protection  
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## Building a Framework for Post-Nuclear Accident Recovery Preparedness

National-Level Guidance



## NEA Workshop on Preparedness for Post-Nuclear Accident Recovery

### *EGRM Report Findings* *Environmental Monitoring & Human Dose* *Assessment*

**Daniel MacDonald**

Commission Technical Officer

Canadian Nuclear Safety Commission, Canada

Chapter 10.

## **Environmental Monitoring, Human Dose Assessment**

# Outline

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- **Introduction**
- **Environmental Monitoring**
- **Setting out a Monitoring Programme**
- **Human Dose Assessment**
- **Planning for a Dose Assessment Programme**

# Introduction

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- **Environmental monitoring** refers broadly to the measurement of radionuclide concentrations in the environment.
- **Human dose assessment** is the process by which estimated doses or doses calculated from measurement results are applied at individual or population levels.
- These strategies and tools are strongly related and must begin early in the *emergency response phase*.
- Must be considered and planned for as part of *preparedness*.

# Environmental Monitoring

- Following a nuclear accident, a comprehensive environmental monitoring programme will confirm details about the radioactive contamination.
- Enhanced non-routine environmental monitoring will commence in the *response phase* and continue long into the *recovery phase*.
- The monitoring programme in the recovery phase will evolve as the radiological situation and the needs of stakeholders change.

# Setting out a Monitoring Programme (1/2)

## *Scope of Monitoring Programme*

- A *generic monitoring strategy* should be developed in *preparedness*, details will need to be adapted to the accident-specific situation.
- During preparedness we must understand how the monitoring programme will evolve into an *existing exposure situation*.
- The report lists some items the generic monitoring strategy may include:
  - Definitions of measurement objectives, priority areas, and rationales
  - Continuous mapping and identification of hot spots
  - Sampling of lands beyond contaminated area for reassurance
  - Need for, and effectiveness of, decontamination

# Setting out a Monitoring Programme (2/2)

## *Data Sharing and Responsibilities*

- Transparent accessibility of monitoring data will build trust, foster scientific research, and reduce duplicity of efforts.

## *Self-help Actions*

- Direct involvement of individuals, communities, and local professionals empowers those impacted.
- Equipment used should be simple and intuitive.

## *Ongoing Re-evaluation and Exit Strategy*

- Inform decisions on lifting or modifying restrictions.
- How monitoring programmes will be terminated needs careful consideration during *preparedness*.

# Human Dose Assessment (1/2)

- Dose assessment cannot be considered in isolation from monitoring.
  - Available dose assessment methodologies will depend on the established monitoring programme.
- Individual dose can be estimated using dosimeters (external dose) and whole-body counting (internal dose).
- Population doses can be modelled or estimated based on environmental monitoring data.
- The balance of estimated vs direct assessments will depend on economic and population specific factors.



# Human Dose Assessment (2/2)

## *Importance of data collection in the early emergency phase*

- Monitoring data collected in the emergency phase are crucial for an adequate dose assessment.
- Measurements of radionuclides from the emergency phase can greatly reduce uncertainties in dose estimation.

## *Heterogeneous dose distribution*

- In an existing exposure situation the level of exposure is driven by individual behaviour and may be very diverse.
- It is important to assess individual doses, especially for vulnerable persons (e.g., children).

# Planning for a Dose Assessment Programme (1/2)

## *Reference Levels*

- An annual dose value “above which it is generally judged to be inappropriate to allow exposures to occur”.
  - Recovery phase reference levels are provided as a range by the ICRP (between 1 and 20 mSv) and should be defined during preparedness.
- Continual optimisation and justification.
- Preparedness must include the development of information materials to explain the purpose of a reference level to the population.

## *Exposure Pathways*

- Collecting community information allows for the evaluation of exposure pathways and how lifestyle factors affect exposures.
  - E.g., population density, food supply, activities, general demographics

# Planning for a Dose Assessment Programme (2/2)

## *Dose Assessment Based on Modeling*

- Useful for determining the suitability of lifting restrictions on an area.
- Data required to run dose assessment models should be considered in preparedness and be linked to the monitoring strategy.
- Must consider what aspects of dose assessment will be modelled in recovery and for what purpose.

## *Other Considerations*

- How dose assessment tools will be used and fit in with the wider recovery effort, such as the use of personal dosimeters.
- How and when individual dose assessments will be conducted using in-vivo and in-vitro monitoring.

# Thank You!

